

WORKING WITH CHILDREN AND YOUNG PEOPLE

Developmental trauma in children growing up in complex trauma environments

ABN 57 628 153 855 / ACN 628 153 855



Facilitators



Tod Stokes

Legacy Counselling
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Insurance

Warida Wholistic Wellness has Public Liability (\$20 m) and Professional Indemnity Insurance (\$20 m). Policy copies available on request.



Target Group

All organisational staff



Duration

2 DAY WORKSHOP



Key subjects covered

- Implementing culturally safe and competent practice in working with children in crisis.
- Contextualise the theory to practice of child development and developmental – complex trauma in children.
- Theory and practice of emotional first aid and release work.
- Understand the benefits of cultural and spiritual growth in healing.
- Use story-mapping in working with children as a counselling – therapeutic tool.
- Self-assessment tools for self-care. Use of the Elders Circle in evaluation processes.



Course Outline

'Behaviour is language'. Children express their distress through their behaviour. This workshop provides theory of developmental trauma in (Indigenous and other) children living in complex trauma environments. It then blends theory with practical therapeutic skills to work with children in the use of sandplay, bioenergetics and de-armouring games, art, music, dance, three-dimensional work and storytelling as tools for use in working with children for emotional release. It also begins to unpack **trauma specific** skills for responding to children with extreme aggressive behaviours



Venue Set-up

Circle is ideal. If possible, the venue should have easy, direct access to an outside area that will allow the facilitator to break up the in-room sessions with short outdoor activities.



Maximum Number of Attendees: 25



Audio/Visual Requirements

Projector and Audio with laptop interface.



Participant Learning Outcomes:

1. Identify and implement cultural safety and cultural competency when working with children who have been hurt through painful experiences.
2. Discuss the theories and processes of child development and identify the effects of trauma and multiple losses on the developing child.
3. Describe and conduct emotional first aid and release work for children through sensory and tactile, narrative, dance, movement, play therapy, nature discovery, story-telling and performance.
4. Apply the skills for working with children that promote positive cultural and spiritual growth and identity.
5. Demonstrate counselling/ emotional first aid skills for working with children.
6. Discuss and express collective knowledge about children in crisis, using principles of story mapping, art music - appropriate intervention.
7. Evaluate and refer for further assessment, children with specific and critical behavioural concerns to other relevant professionals
8. Elders circle: discuss legal issues in child protection, working with children who have been abused, and within families where abuse is occurring, building ways forward.

Participant Competency skill application:

1. Creating safe places for children in crisis, welcoming them and their families.
2. Theory to practice in understanding stages of child development and developmental trauma.
3. Introduction to expressive arts therapies for use in working with children.
4. Using Story mapping as an Indigenous form of sand play, play therapy.
5. Responding to children's crisis behaviour. 6. Elder's circle as children's circle – an evaluation process.