

Statement on First Nations Sovereignty and Self-determination

At Warida Wholistic Wellness, we honour the enduring sovereignty of First Nations peoples as the original custodians of the lands, skies, and waters now known as Australia. Sovereignty has never been ceded, and we acknowledge the strength, resilience, and wisdom of First Nations communities who continue to uphold and share cultures, languages, and traditions despite ongoing systemic challenges.

Self-determination is a fundamental human right, essential for the healing and empowerment of individuals, families, and communities. As an Indigenous social enterprise, we are deeply committed to supporting pathways that respect and amplify First Nations voices, including those from our own communities, ensuring that our work aligns with cultural values and the aspirations of First Nations peoples.

Our Commitment to Sovereignty and Self-determination

Honouring Country and Custodianship

Warida Wholistic Wellness operates with deep respect for the Kurna Country on which we are based and all lands on which we work. We commit to practising cultural humility, seeking guidance from Traditional Custodians, and embedding their knowledge and wisdom in our programs and practices.

Empowering First Nations Voices

We prioritise First Nations voices in all that we do, recognising that true self-determination must be led by the people themselves. We advocate for culturally safe spaces where as First Nations peoples we can define our healing, growth, and economic empowerment pathways.

Decolonising Systems

A key part of our approach is dismantling colonial systems that perpetuate inequality and trauma. We actively work towards creating alternative models that centre Indigenous knowledge systems, relational ways of being, and community-led solutions.

Economic and Cultural Sustainability

Through initiatives such as Burany Press and our programs, we foster economic empowerment and celebrate First Nations cultural expression and diverse knowledges. These efforts aim to enable First Nations people to thrive on our own terms, free from external impositions.

Collaborating with Respect

We engage in partnerships built on mutual respect, trust, and shared goals. We recognise that sovereignty and self-determination are not abstract concepts but lived realities, best supported through collaboration with First Nations Elders, leaders, and organisations.





Moving Forward

Warida Wholistic Wellness is committed to creating a future where we and our communities as First Nations peoples are empowered to lead our healing journeys, share our stories, and shape our futures. Sovereignty and self-determination are not just guiding principles—they are fundamental to our vision of grassroots empowerment and systemic transformation.

We call on all individuals, organisations, and governments to recognise and uphold the sovereignty of First Nations peoples and support self-determined initiatives that honour our wisdom and leadership. Together, we can create a more equitable, just, and connected future.

For further dialogue or to join us in this work,

please contact us at info@warida.com.au



Scan Here for
more information



Phone
+61 438253202



Email
info@warida.com.au



Website
warida.com.au